



Disposal Of Liquids/Sharps

Disposal of Liquids

Medicines play an important role in treating many conditions and diseases and when they are no longer needed it is important to dispose of them properly to help reduce harm from accidental exposure or intentional misuse. Below, we list some options and special instructions for you to consider when disposing of expired, unwanted, or unused medicines.

1. Mix medicines with an unpalatable substance such as dirt, saw dust, kitty litter, or used coffee grounds;
2. Place the mixture in a container such as a sealed plastic bag;
3. Throw the container in your household trash;
4. Scratch out all personal information on the prescription label of your empty pill bottle or empty medicine packaging to make it unreadable, then dispose of the container.

Disposal of Sharps

Used sharps should be immediately placed in a sharps disposal container. These containers are made of puncture-resistant plastic with leak-resistant sides and bottom. They also have a tight fitting, puncture resistant lid. If an FDA-cleared container is not available a heavy-duty plastic household container, such as a laundry detergent container can be used as an alternative. Once the sharps have been placed in the container apply tape (duct tape) to the lid to secure the lid from opening and place in your trash can.

<http://www.fda.gov> for more information.